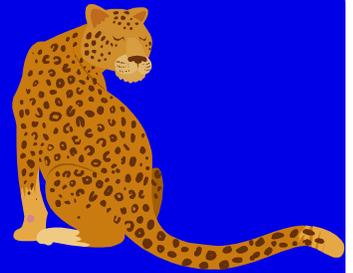


GILHAM
ELEMENTARY
SCHOOL

JAGUAR JIVE



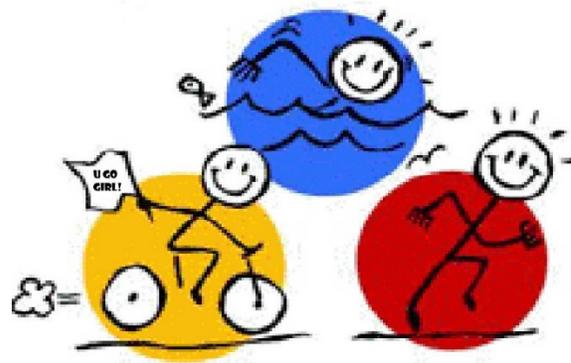
VOLUME 27, ISSUE 8

MAY 2018

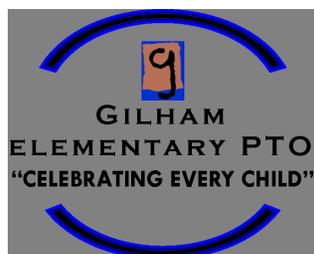
INSIDE THIS ISSUE:

Triathlon	1
PTO/Site Council	2-3
Last Day of School	4
Walk & Roll to school day	5-6
Middle School, Math Pathways	7-8
Why kids should not wear sandals	9- 10
Note from the Cafeteria	11
Wall of Fame	12
Parking Lot Safety Lost and Found	13
Contact us	14

18th Annual Gilham Triathlon



The 18th Annual Gilham Triathlon will be held on Friday, June 1st, 2018. This optional event is for students in grades 3, 4, and 5. The Triathlon is made up of three events: running, biking and swimming. Those who choose to participate must participate in all three events. Again this year, the entire event will take place on the grounds of the Sheldon Community Center. Registration packets will be available from classroom teachers as well as on the Gilham website. All registration packets were due by Friday, May 4th.



PTO BOARD 2017-2018

President : Mia Kubu

Vice President : Gretchen Brillon

Past President : Brandyn Rice

Secretary : Christina Anderson

Events : OPEN

Treasurer : Stephanie Ritter

Fundraising : Ashlee Dixon

Site Council : Celeste Marshall and Beth Hopkins

PTO Board Position nominations for 2018-19 can be made anytime between now and May 25th, and will be voted on at the June PTO General Meeting on June 5th!

SITE COUNCIL 2017-2018

Parents: Celeste Marshall and Beth Hopkins

Classified: Linda Willis

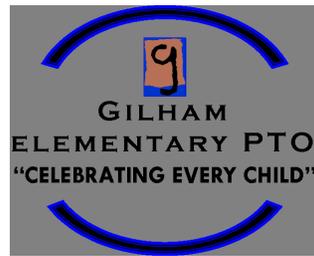
Teachers: Annette Corbeau, Leah Roderick, Jamie Squires , Brandeis Zaklan

Administrator: Gina Wilde

What is Site Council?

The school site council is a group of teachers, parents, and classified employees that works with the principal to develop, review and evaluate school improvement programs and school budgets. The members of the site council are generally elected by their peers. For example, parents elect the parent representatives and teachers elect teachers.

We are looking for TWO parent representatives for the 2018-19 school year to join teachers and classified employees on the Gilham Site Council. If you are interested, please reach out to ehopkins82@gmail.com for more information! As always, Site Council meetings are open to the public and the next meeting will be held at the school, on Thursday, May 24th from 2:30 to 4pm



Upcoming PTO Events:

Carnival

Friday, May 18th 5:30pm-7:30pm.

Come enjoy food trucks, bounce houses, games, prizes and much more. Ticket order forms were sent home with your child's homework, in the last week of April and are due back anytime between now and Thursday, May 17th.

Tickets:

\$7 each, \$5 for additional siblings.

\$1 for 3 throws to dunk a staff in the dunk tank!

Win a basket ~ raffle tickets are \$1 each or 15 tickets for \$10.

Note: Tickets will also be available at door.

PTO Voting Day

June 5th from 2:15pm-2:45pm and 6:30pm-7:30pm.

Have an idea for a program for our kiddos?

Pick up a proposal form in the office and turn it in by May 25th.

Spring Book Fair

Carnival is just around the corner and with it comes the Spring Book Fair! Starting May 14th to May 18th, 2018. Parents help is needed, and it's easy to do! See the sign up ahead sheet at the following link to see where you can pitch in!

<https://signupahead.com/signup/g3bgn9dw>

BoxTops:

Congratulations to Mr. Squires and Mrs. Price for winning the Box Top Competition this year and earning a class ice cream party.

SAVE YOUR BOXTOPS and LABELS over the **summer**. There will be another contest in the fall.

Last Day of School: June 15th

June 15th will be the final day of school this year for grades K-5.

It will be an early release day, at 11:10am for students.

**GILHAM'S
APRIL 2018
VOLUNTEER HOURS:

536

THANKS TO ALL OUR
VOLUNTEERS!!**

WALKING SCHOOL BUSES FOR WALK & ROLL TO SCHOOL DAY!

On May 9th, our school is participating in the Walk+Roll to School Challenge. Let's encourage our students to use active transportation like walking, biking, scooting, skating to improve their health, gain independence and to help the environment! We have great prizes to encourage our students to get active!

In order to better include our bus-riding students on Walk & Roll to School Day, 4J's Safe Routes to School and Transportation Department, in partnership with our school, are planning a "walking school bus!" We invite all students to participate and are looking for volunteers! **Please call the office at 541-790-6200 if you can volunteer to be a chaperone for the walk or stationed along the route.**

What*: Buses will stop at **Wester Street at Twin Elms Drive** where students who choose to participate will be met by volunteers and school staff to walk along the sidewalk on Wester to Honeywood to Gilham. *Any other students and families that would like to can join the walking group at that point as well, but should leave Wester free for the buses.* From the drop-off spot, the group will have a blast walking safely in a huge, chaperoned "walking school bus" to school. At school, the walkers should arrive before breakfast and bell time, but some may need to eat in the classroom if there are delays. *Bused students who are not participating will be driven the rest of the way to school on the bus.*

When & Where: Wednesday morning (time coming soon), May 9th, Wester Street to walk to school.

Why: Walking is great for your child's health and the environment, and riding the bus is the best carpool ever! We would like to encourage more students to ride the bus and to walk and bike to school, and hope this event will let more of our students experience how fun it is, while showing the community that our children deserve a safe place to walk!

Please call the office if you can volunteer to be a chaperone for the walk or stationed along the route!

***If your child rides the bus and you do not want them to participate, they can remain on the bus to be transported to school. Special education considerations are still being discussed and will be communicated with those families separately.**

BUSES CAMINANTES PARA EL DÍA DE CAMINAR & RODAR A LA ESCUELA!

El 9 de mayo, nuestra escuela va a participar en el Desafío de Caminar y Rodar a la escuela. ¡Vamos a animar a nuestros estudiantes a usar medios activos del transporte como caminar, andar en bicicleta, usar escúter, o patinar para mejorar la salud, obtener la independencia, e ayudar a nuestro precioso medioambiente! ¡Tenemos unos premios formidables para animar a nuestros chicos a ponerse activos!

Con el propósito de incluir a los alumnos que toman bus en el Día de Caminar y Rodar a la Escuela ('Walk & Roll To School Day'), el grupo de 'Rutas Seguras a la Escuela' de 4J y el Departamento de Transportación, en conjunto con nuestra escuela, estamos organizando un 'bus caminante.' ¡Les invitamos a todos los alumnos que participen y estamos buscando a voluntariados! **Por favor, llama la oficina a 541-790-6200 si usted puede ir de chaperón a la caminata o posicionarse en una parte de la ruta para ayudar a supervisar.**

Qué? *: Los buses pararán en **Wester Street at Twin Elms Drive** donde los alumnos participantes se encontrarán con voluntariados y personal de la escuela para caminar por la vereda de *Wester* a *Honeywood* hasta Gilham. *Cualquier alumno y/o familia que quisiera unirse al grupo de la caminata se debe dirigir a este punto también, pero deben dejar libre el 'Wester' para los buses.* Desde el punto de partida, el grupo disfrutará de caminar con la seguridad de un gran 'bus caminante,' supervisado hasta la escuela. Los alumnos deben llegar a la escuela antes del desayuno y el primer timbre, pero en caso de alguna demora, es posible que los alumnos necesitaran desayunar en el salón de clase. *A los alumnos que toman bus y que no participan en la caminata se les llevaría en bus hasta la escuela.*

Cuándo y Dónde: La mañana del miércoles (la hora se anunciara pronto), 9 de mayo, en Los buses pararán en Wester Street a Twin Elms Drive para caminar hasta Gilham.

Por qué: ¡Caminar es beneficioso para la salud de su hijo(a) y también para el medio ambiente, y tomar el bus es la mejor manera de compartir vehículo! ¡Quisiéramos motivar a más alumnos a tomar el bus y caminar o montar bicicleta a la escuela, y esperamos que este evento les de a nuestros alumnos la oportunidad de divertirse mientras muestren a la comunidad que nuestros niños merecen un espacio seguro para caminar!

Por favor, llama la oficina si usted puede ir de chaperón en la caminata o posicionarse en una parte de la ruta para ayudar a supervisar.

*** Si su hijo(a) toma el bus y no quiere que participe, se puede quedar en el bus que le llevará a la escuela. En cuanto a la educación especial, aún se están discutiendo las posibles consideraciones y se comunicarán a esas familias por separado.**

Middle School Math Pathways: Parent Information Night

Let's talk about math! 4J schools are establishing a consistent math pacing and placement process in middle school—starting with students entering middle school this fall to improve clarity, equity and access to accelerated math learning opportunities.

Parents of future middle school students are invited to a Math Pathways Information Night on Thursday, May 10.

Please join us to learn about middle school

Math placement and pathways to advanced math in high school, get answers to your questions, and share your thoughts.

Middle School Math Pathways Information Night

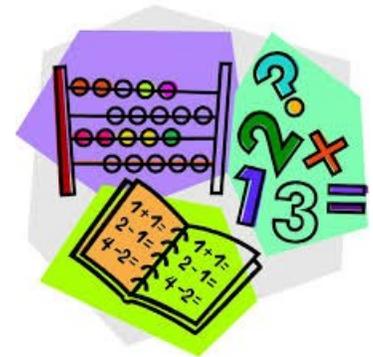
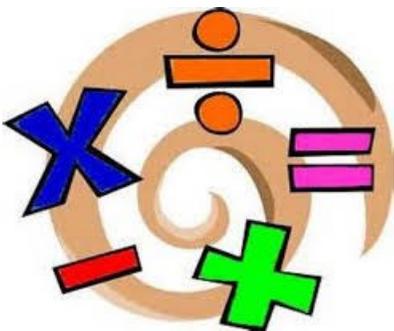
Thursday, May 10, 6:30–8:00 p.m.

4J Education Center, 200 N. Monroe St.

Spanish interpretation will be provided

These changes are intended to provide equal education opportunities to all students and open up student options for accelerated math course sequences, while also providing all students with the foundational math skills needed to prepare them for success in upper-level courses. Students will have multiple pathways to access upper-level math courses in high school, such as pre-calculus, calculus and statistics.

For more information please visit www.4j.lane.edu/mathacceleration.



Las matemáticas en la escuela secundaria: Noche de información para padres

¡Hablemos de matemáticas! Las escuelas de 4J están estableciendo un proceso consistente para evaluar el nivel apropiado de clases de matemáticas para cada estudiante, comenzando con los estudiantes que ingresan a la escuela secundaria este otoño. Es para mejorar la claridad, equidad y acceso a oportunidades aceleradas de aprendizaje de matemáticas.

Los padres de futuros estudiantes de secundaria son invitados a una noche de información sobre las clases de matemáticas el jueves, 10 de mayo. Por favor únase a nosotros para aprender acerca de las clases de matemáticas en la escuela secundaria y opciones de matemáticas avanzadas en la escuela preparatoria, obtenga respuestas a sus preguntas, y comparta sus pensamientos.

Noche de información sobre clases de matemáticas en la escuela secundaria Jueves, 10 de mayo, 6:30 – 8:00 p.m.

4J Education Center, 200 N. Monroe St.

Se proveerá interpretación en español

Estos cambios están destinados a proporcionar igualdad de oportunidades educativas para todos los estudiantes y ampliar las opciones de secuencias de cursos de matemáticas aceleradas, al mismo tiempo que proporciona a todos los estudiantes las habilidades matemáticas fundamentales para prepararlos para el éxito en cursos de nivel avanzado. Los estudiantes tendrán múltiples formas de acceso a los cursos de matemáticas de nivel superior en la escuela preparatoria, tales como pre-cálculo, cálculo y estadísticas.

Para obtener más información, visite www.4J.Lane.edu/mathacceleration.



Why Kids Should Not Wear Sandals

by Heather Montgomery, Demand Media <http://everydaylife.globalpost.com/kids-should-not-wear-sandals-29576.html>



As your child begins caring about the type of footwear he wears, you might be in for some battles over what is safe. While sandals are a convenient choice for a day at the beach or pool, wearing them all the time increases your child's risk of injury. You should keep sandals as a footwear choice that's appropriate for short periods or eliminate them from your child's wardrobe.

Little Protection

Typical children's sandals offer little protection against potential injury. With sandals, your child's toes are exposed making them susceptible to falling objects, sunburns, injury from someone stepping on the toes or scrapes and bruises from the feet slipping out of the sandals inadvertently, according to pediatrician Mallika Marshall, in a report on CBS's "The Early Show" titled "The Dangers of Flip-Flops ... In Footwear!" Additionally, Washington, D.C., podiatrist Howard Osterman, in a "Washington Post" story titled "The Podiatric Dangers of Flip-Flops," said that during summer, he will see at least one patient a day that sustains an injury because of wearing sandals.

Poor Foot Support

Many sandals -- especially flip-flops -- are made of thin plastic and offer little support for your child's growing feet. Wearing poorly made or cheap sandals can lead to foot pain, tendonitis or even plantar fasciitis -- a painful inflammation of the tissue on the bottom of the foot, according to both Marshall and Osterman.

Altered Gait

When your child wears flip-flops or other backless sandals, she has to grip the shoes with her toes constantly to keep the sandals on her feet, according to Auburn University bio-medical graduate student Justin F. Shroyer, who was quoted in "The Washington Post" article. Shroyer studied 39 flip-flop wearers and found that the action of gripping the toes on the shoes might result in shorter steps and strain on muscles in the legs and back.

Slip and Fall

In addition to the other health risks of wearing sandals, backless sandals also put your child at risk of slips and falls. In fact, many school districts are now banning backless-sandals from the dress code in the name of child safety, including Seymour High School in Connecticut. The lack of backs on sandals might present a danger to active children who love to run, jump and play when a sandal inadvertently slips off, causing injuries such as sprained ankles or a bare foot stepping on rocks.

The Right Shoes

Ideally, you should choose shoes that cover your child's toes, offer good arch and heel support and have backs to protect your child's growing feet. If you are looking for a quick shoe option, look into ballet flats, boat shoes or other shoe options that don't require socks or your help to get the shoes on your child's foot.



A friendly reminder from the Gilham Cafeteria
 All charges need to be paid in full by the end of May.

Thank you!!!

-Terra Cox



Family Dinners

From the School Nurse:

What is so Special about Family Dinner?

A comprehensive literature review summarizes research on the impact of frequent family meals. Over the past 40 years, more Americans (of all ages) are eating alone at home, in the car, or while watching TV. College students have traded trays and dining tables for to-go boxes, and they eat alone with electronic devices. However, surveys among teens show that most prefer family meals to watching TV, and most would forego a weekend activity for a family dinner.

Regular family meals contribute to children's intellectual development, particularly language (vocabulary and reading skills) and school achievement. Teens who eat dinner with their families most nights of the week are more likely to have high grades.

Traditions such as family meals support children's well-being through a sense of security and belonging. Teens who eat five or more meals a week with their families report less stress and are more likely to tell their parents about a serious problem.

Frequent family meals are associated with positive health choices. Teens make healthier food choices (more vegetables, more calcium-rich foods, fewer soft drinks, regular breakfast), exhibit fewer extreme weight control behaviors, and are less likely to engage in high-risk behaviors (smoking, substance use).



Gilham Jaguar Wall of Fame



THE APRIL 2018 HONOREES:

Leila Service
 Siena Meyers
 Kyler Fujikawa
 Gianna Irikefe
 Braydon Risdon
 Olivia Dey
 Jasmine Bush
 Emma Jorgensen
 Elora Koffa
 Kama Markel
 Ryleigh Graham
 Cody Winslow
 T.J. Berry
 Liam Marks
 Katie Brunscher
 Chloe Crook
 Jaylynn Doty
 Chase Starr
 Emersyn Parrish
 Levi Conley
 Jake Essin
 Dylan Williams

Jayden Robertson
 Henry Smith
 Ariyanah Newbold
 Cameron Wade
 Parker Sullivan
 Dryden Cheever
 Cole Wagoner
 Ayla Patterson
 Brady Barry
 Carter Wichman
 Ava Bradford
 Mateo Ojeda-Robbins
 Megan Santana
 Reid Schukart
 Ophelia Stanton-Joyner
 Annabel Bingham
 Aiden Lewey
 Gatesanah Thomas
 Avalon McCarthy
 Ansley Earl
 Lila Beamish
 Audrey Parker
 Owen Miller
 Amelia Phillips
 Megan Wicks
 Jordan Talarino
 Elizabeth Hensley
 Laura Curyea
 Ava Bush

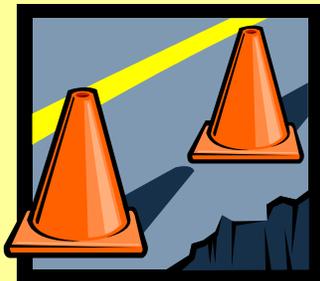


Safety, Safety, Safety

Just a reminder about proper parking lot procedures. **We have made some changes.** So please respect the following procedures to ensure the safety of all:

- We are creating one long pick up line using all of the parking spots on the west side of the parking lot.
- Parents can swoop in, pick up and keep going.
- We will no longer have a park and wait system. Parents need to keep moving. If they do not spot their student, they'll be waved on and can drive around again.
- K/1 teachers – please be out there releasing by 2:00.
- 2-5 teachers – please be out there releasing by 2:10.

When we follow the procedures, they provide a safe arrival and dismissal for our children. Please drive slow when on or around school grounds. It is very important to keep our children safe and model appropriate behavior to our children as adults.



Our School Lost and Found has a Large Collection of Items

Please have your child check for his or her things.

You are welcome to come in and look.

Please make plans to look for lost items before the last day of school.

All the items that remain after that date will be donated to CASA.



Jaguar Jive

Gilham Elementary School

3307 Honeywood Street
Eugene, Oregon 97408

Phone: 541 790 6200

Fax: 541 790 6205

<http://schools.4j.lane.edu/gilham>

Volume 27, Issue 8

Principal

Gina Wilde

Office Managers

Linda Willis
Patti Gehlhaar

Newsletter Editor

Shweta Kabra
458-215-5879
khatodsr@gmail.com

**Deadline for Next Issue
May 25, 2018**

Check Out the Gilham Website
<http://schools.4j.lane.edu/gilham>

You can:

- Get general information
- School hours and phone #'s
- See a current Gilham calendar
- See a current lunch menu or make a payment on your lunch account
- Find staff e-mail addresses
- Look at the current Jaguar Jive newsletter
- Find forms on line
- Look at what's happening in the classrooms
- Find information about after-school activities and links to their sites

Make Gilham a Favorite or save it to your desktop!!!

